THURSTON HIGH SCHOOL

Freshman Curriculum Guide

2020-2021

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Springfield, OR

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Fax: 541-744-5029

Website: thscoltspace.com

Contact: THS Counseling office, for enrollment information at: 541-744-5156
# SPS DIPLOMA REQUIREMENTS

<table>
<thead>
<tr>
<th>Subject</th>
<th>Credit Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>English/Language Arts</td>
<td>4.0</td>
</tr>
<tr>
<td>Math</td>
<td>3.0</td>
</tr>
<tr>
<td>Science</td>
<td>3.0</td>
</tr>
<tr>
<td>Social Studies Including history, civics,</td>
<td>3.0</td>
</tr>
<tr>
<td>Geography, and economics including personal</td>
<td></td>
</tr>
<tr>
<td>Finance.</td>
<td></td>
</tr>
<tr>
<td>Physical Education</td>
<td>1.0</td>
</tr>
<tr>
<td>Health</td>
<td>1.0</td>
</tr>
<tr>
<td>Fine Arts (CTE (Career Technical Education),</td>
<td>3.0</td>
</tr>
<tr>
<td>Second Language, Arts</td>
<td></td>
</tr>
<tr>
<td>Electives (Credit in any content over the</td>
<td>6.0</td>
</tr>
<tr>
<td>requirement.)</td>
<td></td>
</tr>
<tr>
<td><strong>Total Credits</strong></td>
<td><strong>24.0</strong></td>
</tr>
</tbody>
</table>

## Essential Skills

| Read and Comprehend a Variety of Text          | OREGON STATE ASSESSMENT/PLAN/ACT/PSAT/SAT/PERFORMANCE ASSESSMENTS/WORK KEYS |
| Write Clearly & Accurately                     | OREGON STATE ASSESSMENT/PLAN/ACT/PSAT/SAT/PERFORMANCE ASSESSMENTS/WORK KEYS |
| Apply Mathematics in a Variety of Settings     | OREGON STATE ASSESSMENT/PLAN/ACT/PSAT/SAT/PERFORMANCE ASSESSMENTS/WORK KEYS |

## Personalized Learning

| Education Plan and Profile                     | Develop an education plan and build an education profile to guide learning toward a student's personal, career and post-high school goals through Naviance. |
| Career-Related Learning Experiences            | Participate in experiences that connect classroom learning with real life experiences in the workplace, community and/or school relevant to student's education plan through Naviance. |
| Extended Application                           | Apply and extend knowledge and skills in new and complex situations related to the student's personal and career interests and post-high school goals through Naviance. |

**Springfield Schools District 19 Graduation Requirements:** [CODE IKF]

**Oregon School Boards Association Sample Policy IKF**
Ways We Recognize Academic/Personal Achievement:

- **Academic Excellence**: 4.0 G.P.A.
- **High Honors**: 3.5 G.P.A. or higher
- **Honor Roll**: 3.0 G.P.A. or higher
- **Student of the Month**: Highlighted in *The Register-Guard*
- **National Honor Society**: 3.5 GPA in Sophomore, Junior or Senior year.
- **Perfect Attendance**: Verified and placed in a drawing.
- **Scholarship and Awards Night**: End of the year awards honoring student achievement.
- **Colt Pride Referrals**: Teachers nominate outstanding students who demonstrate Pride, Respect and Responsibility.
THURSTON HIGH SCHOOL: EXCELLENCE OPTIONS

Through Thurston's AP college-level courses and exams, our collaboration with Lane Community College, and our College Now courses students can earn college credit, stand out in the admission process, and learn from skilled, dedicated, and inspiring teachers at Thurston.

AP, College Now, and Honors Option courses can help you acquire the skills and habits you'll need to be successful in post-secondary education. Students will improve their writing skills, sharpen their problem-solving abilities, and develop time management skills, discipline, and study habits.

Advanced Placement

From the moment students enter an AP classroom, they will notice the difference in the teacher's approach to the subject, the attitude of classmates, and the way they start to think. In AP classrooms, the focus is not on memorizing facts and figures. Instead, students engage in intense discussions, solve problems collaboratively, and learn to write clearly and persuasively. Thurston High School currently offers AP Calculus, AP Chemistry, AP Government, AP Literature, AP U.S. History, AP Language & Composition, AP Micro Economics and AP Macro Economics.

Most four-year colleges in the United States and colleges in more than 60 other countries give students credit, advanced placement, or both on the basis of AP Exam scores. By entering college with AP credits, students save money in tuition, have the ability to move into upper level courses, pursue a double major, or study abroad.

Expanded Options

For students, ready to take it one step further, taking a class on the campus of Lane Community College or the University of Oregon is another exciting possibility. The Expanded Options program is designed to “expand” the courses available to students. Any 11th or 12th grader in good standing may take a core class (science, history, math, English) not offered at Thurston, at the UO or Lane. The school district pays for tuition for these classes, and depending on funding, often pays for fees as well. Families are responsible for books and transportation. To learn more about this program or to enroll, students should meet with their counselor to begin the process.

Honors Options

Honors Options are a growing trend in Thurston's classes. Teachers in classes providing an Honors Option are increasing the rigor of the class by differentiating instruction and offering higher order thinking experiences including application, analysis, synthesis, evaluation, knowledge, and comprehension - well beyond what is typically asked. Students are given the “option” to try the honors level - to challenge themselves and prepare for the rigor that awaits them in AP and College Now courses.

AP, College Now, and the Cost of College

AP and College Now students are more likely to graduate from college in four years - students who take longer to graduate at public colleges and universities can spend up to $25,000 or more for each additional year.

College and Career Readiness

The Thurston College and Career Center (CCC), is open to all students who are seeking assistance in the post high school planning process. We are available for individual consultation during lunch on a daily basis, and by appointment. There are many resources available in print as well as online at www.thscoltspace.com and follow us on twitter at @thsgotocollege.
Get Ahead with College Now!
College Now allows currently enrolled Thurston students to earn Lane Community College credits for approved courses taken at Thurston, taught by our specifically qualified high school teachers. This will be getting students closer to the degree/career they want!

Jump start your college career, talk to your HS Counselor about taking CN courses.

Did you know...

College Now math and writing courses may apply to several Career Tech programs
Specific general education courses may apply to several Career Tech programs

General Education and /or Transfer Areas -

All of the following courses lead to one or more LCC degrees or certificates see below:

<table>
<thead>
<tr>
<th>High School Course Title</th>
<th>LCC Course Title</th>
<th>Course Number</th>
<th>Credits</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computer Applications</td>
<td>Orientation to Computer Science</td>
<td>CS160</td>
<td>4</td>
<td>Hampton</td>
</tr>
<tr>
<td>Spanish 1, College Now</td>
<td>Spanish, First Year</td>
<td>SPAN 101</td>
<td>5</td>
<td>Green</td>
</tr>
<tr>
<td>Spanish 2, College Now</td>
<td>Spanish, First Year</td>
<td>SPAN 102</td>
<td>5</td>
<td>Green</td>
</tr>
</tbody>
</table>

Business and Office Professionals -

All of the following courses lead to one more degrees or certificates:

Accounting(https://www.lanecc.edu/business/accounting), Business Management(https://www.lanecc.edu/busines/business-management)

<table>
<thead>
<tr>
<th>High School Course Title</th>
<th>LCC Course Title</th>
<th>Course Number</th>
<th>Credits</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computer Applications</td>
<td>Computer Fundamentals</td>
<td>CIS101</td>
<td>4</td>
<td>Smith/Fisher</td>
</tr>
</tbody>
</table>

Industrial Trades, Technologies, Transportation, Apprenticeship -

All of the following courses lead to one more degree or certificates:


<table>
<thead>
<tr>
<th>High School Course Title</th>
<th>LCC Course Title</th>
<th>Course Number</th>
<th>Credits</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welding Technology</td>
<td>Shielded Metal Arc Welding I</td>
<td>WLD 121</td>
<td>1-4</td>
<td>Kohl/Proden</td>
</tr>
<tr>
<td>Intro to Wood Technology</td>
<td>Construction Orientation &amp; Environment</td>
<td>CST111</td>
<td>2</td>
<td>LaBounty</td>
</tr>
</tbody>
</table>
Career Technical Education (CTE) Pathways at THS


**Construction and Wood Technology Pathway** – Classes include Introduction to Woods Technology, Creative Furniture, Cabinet Making and Design, Computer Aided Manufacturing, Advance Woodworking Technology, Cooperative Work Experience and Leadership Projects.

**Drafting Pathway** – Classes include Technical Drafting, Advanced Drafting, Architectural Drafting and Design, Cooperative Work Experience, and Leadership Projects.

**Family and Consumer Studies** – Classes include Family Relations, Infants and Toddlers, Pre-School and Beyond, Pre-School internships, Careers with Children 1 and 2, Careers with Children Lab, Creative Foods and International Foods.

**Manufacturing Technology Pathway** – Classes include Metals Fabrication, Welding Technology, Machine Technology, Adv. Metals 1, 2, 3, & 4, Leadership Projects, Cooperative Work Experience, Electric Circuits, Electric Cars 1 & 2

**Natural Resources Pathway** – Classes include Beginning Forestry, Forestry 2, Advance Forestry, Cooperative Work Experience, Watershed, and Advance Water Team

## CLUBS AND ORGANIZATIONS

<table>
<thead>
<tr>
<th>CLUB/ORGANIZATION</th>
<th>ADVISOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALAS</td>
<td>Samantha Martinez</td>
</tr>
<tr>
<td>Art and Anime</td>
<td>Sarah Huppert</td>
</tr>
<tr>
<td>Black Student Union</td>
<td>Cole, Jones, Davis and Shanyfelt</td>
</tr>
<tr>
<td>Bowling</td>
<td>Chris Shafer</td>
</tr>
<tr>
<td>Cheer</td>
<td>Cassie Wendt</td>
</tr>
<tr>
<td>Drama/Thespian</td>
<td>Megan Helwig</td>
</tr>
<tr>
<td>Equestrian/OHSET</td>
<td>Joe Roberson</td>
</tr>
<tr>
<td>GSA</td>
<td>Christine Thomas</td>
</tr>
<tr>
<td>Intramurals</td>
<td>Jared Taylor</td>
</tr>
<tr>
<td>Mr/Ms THS Pageant</td>
<td>Teala Deister</td>
</tr>
<tr>
<td>SkillsUSA</td>
<td>Ruxandra Westra</td>
</tr>
<tr>
<td>ASL (American Sign Language)</td>
<td>Sara Huppert</td>
</tr>
<tr>
<td>ASB Leadership Group</td>
<td>Benton Canaga</td>
</tr>
<tr>
<td>Band/Orchestra</td>
<td>Tim Vian</td>
</tr>
<tr>
<td>Board Games</td>
<td>Benton Canaga</td>
</tr>
<tr>
<td>Cabaret/Dance Team</td>
<td>Mckenzie Smith</td>
</tr>
<tr>
<td>Choir</td>
<td>Mark Huisenga</td>
</tr>
<tr>
<td>DECA</td>
<td>Greg Fisher</td>
</tr>
<tr>
<td>Environmental Club</td>
<td>Ryan Herlands</td>
</tr>
<tr>
<td>Gamer’s Club</td>
<td>Joe Roberson</td>
</tr>
<tr>
<td>Honor Society</td>
<td>Jeannine Evans</td>
</tr>
<tr>
<td>Juggling</td>
<td>Mike Hanson</td>
</tr>
<tr>
<td>Robotics</td>
<td>Jan Hampton</td>
</tr>
<tr>
<td>Water Team</td>
<td>Stephanie Lawless</td>
</tr>
</tbody>
</table>

## ATHLETICS

### FALL
- Cross Country
- Volleyball
- Boys Soccer
- Girls Soccer
- Football

### WINTER
- Wrestling
- Swimming
- Boys Basketball
- Girls Basketball

### SPRING
- Baseball
- Softball
- Track and Field (Co-Ed)
- Boys Golf
- Girls Golf
- Boys Tennis
- Girls Tennis
- Boys Lacrosse
- Girls Lacrosse
COURSE DESCRIPTIONS

BEGINNING THEATER: Spontaneity and the Stage - H11101
Length and Credit: One Semester / .5 credit
Prerequisites: None
Grade Level(s): 9, 10, 11, 12
Students are introduced to the many facets of theatrical study in this course including practicum and academia. Throughout the term, we will be delving into a variety of theater experiences such as: physical storytelling, stage terminology, theater history, play reading and performance, play attendance and a variety of different exercises.

CHILDREN’S THEATER - H11107
Length and Credit: One Semester / .5 credit
Prerequisites: None
Grade Level(s): 9, 10, 11, 12
This course is designed as an introductory course into children’s theater and the styles it demands. Throughout the term, students will be exploring style, character, storytelling, and ensemble work. The accumulation of the term will end in a performance for local children. Classwork is largely participatory.

MUSICAL THEATRE: DANCE STUDIO – H11113
Length and Credit: One Semester / .5 credit
Prerequisites: None
Grade Level(s): 9, 10, 11, 12
Students are instructed in dance performance, Broadway choreographic history, body awareness, and studio performance. Curriculum concentrates on dance vocabulary, expansion of skill, understanding body isolation and kinesthetic awareness. Performances accumulate in two recital performances with multiple performance opportunities. Students will be developing with a choreographer and learning how to choreograph musical numbers.

MUSICAL THEATRE: VOCAL STUDIO – H11113
Length and Credit: One Semester / .5 credit
Prerequisites: None
Grade Level(s): 9, 10, 11, 12
Students are instructed in vocal performance, Broadway history, character study and studio performance. Curriculum concentrates on understanding rhythm, dynamics, musical styling and singing with an accompanist. Performances accumulate in two recital performances with multiple musical performances at each ranging from solos to group numbers.

STAGE CRAFT - H11108
Length and Credit: One Semester / .5 credit
Prerequisites: Beginning Acting or Children’s Theater
Grade Level(s): 9, 10, 11, 12
Students study and implement all aspects of technical theater including set construction and lighting. Stage Craft members will demonstrate their technical theater skills by designing and constructing production sets and lighting for main stage and pocket theater productions, music concerts and outside agency auditorium rentals.
DESIGN - H11067
Length and Credit: One Semester / .5 credit
Prerequisites: None
Grade Level(s): 9, 10, 11, 12
Design is the foundation for all visual arts. Students will focus on the elements of design and principals of art by creating a variety of 2-dimensional projects using a wide range of materials. This course will also explore from historical and cultural art examples. Potential class fee per semester.

DRAWING - H11068
Length and Credit: One Semester / .5 credit
Prerequisites: None
Grade Level(s): 9, 10, 11, 12
Everyone can draw! Drawing is a skill that requires patience and practice. The main focus will be learning how to draw from observation using a variety of basic drawing techniques. Students will also be exposed to the concepts of composition and perspective. Charcoal, pen and ink, graphite and pastel are among the drawing materials that will be explored. Art history and art appreciation will also be an essential part of this course. Potential class fee per semester.

MEN’S CHORUS - H11047
Length and Credit: Year-long / 1.0 credit
Prerequisites: None
Grade Level(s): 9, 10, 11, 12
The Thurston Men’s Chorus will study and perform a wide range of music written for men’s voices, from Barbershop to Doo-Wop, from medieval chants to Glee-style pop. Emphasis on performance.

CHORALE - H11051
Length and Credit: Year-long / 1.0 credit
Prerequisites: None
Grade Level(s): 9, 10, 11, 12
This is Thurston’s entry-level choir, in which students have the opportunity to build their vocal technique and musicianship skills. Chorale members study the widest possible range of choral styles with emphasis placed on producing excellence in performance.

YEARBOOK/NEWSPAPER - H192951 / 52
Length and Credit: One or Two Semester(s)/ .5-1.0 credit - This course is elective credit only
Prerequisite: By application only
Grade Level(s): 9, 10, 11, 12
In this elective course, students produce the school yearbook, or newspaper, and practice real-world skills in photography, writing, editing, design, and marketing. The process of interviewing is also an integral part of the course, which allows students to see real-world applications for research. Student writing and photography may be selected for publication to a wide audience. Journalistic skills developed in this course can help prepare students for the challenges of a college degree in journalism.
FOOTBALL FUNDAMENTALS - H23676
Length and Credit: One Semester/.5 credit
Grade Level(s): 9, 10, 11, 12 – Must participate in sport
9th grade second semester only
Designed for those seriously pursuing the game of football. Emphasis will be given to skill development in the field (passing, catching, blocking, and sprinting) and athletic development in the weight room (strength and speed). The class will be geared toward students with advanced understanding and skills in football in a highly competitive environment. Potential Class Fee.

WRESTLING FUNDAMENTALS - H423683
Length and Credit: One Semester/.5 Credit
Grades: 9, 10, 11, 12 – Must participate in sport
Designed for those seriously pursuing the sport of wrestling. Emphasis will be given to skill development in the wrestling room and athletic development in the weight room. The class will be geared toward students with advanced understanding and skills in wrestling. Potential Class Fee.

COLLEGE NOW SPANISH 1 (Spanish 101) – H121350/H121351
Length and Credit: Year-long/1.0 credit
Prerequisite: None
Grade Level(s): 9, 10, 11, 12
Students at this level will be able to hear and read elementary-plus levels of the language with understanding. They will speak and write the language at a basic-plus level with accuracy. Students will demonstrate an increased knowledge of Spanish-speaking cultures. Students receiving a B- or above will earn 4 hours of Spanish 101 (year-long) through Lane Community College.

GERMAN 1 A/B - H121211- Available year 2020-2021
Length of Class: Year- NCAA Approved
Grade Level(s): 9, 10, 11, 12
German 1 students learn to understand, speak, read and write in the simple language necessary to reach the Novice High Proficiency level. This includes the use of short sentences and questions in everyday conversations, as well as a study of German-speaking countries. This class is offered every other school year.