



THURSTON HIGH SCHOOL MENU OF SUPPORTS



ACADEMIC



Academic Coaching: Mentoring, grade checks, study planning, assignment reviews, homework plans, and so much more. FREE for all students! Room 42.



SAIL: Mentoring with UofO students. FREE for all students! Contact the College and Career Center.



Tutoring Center: Open M-F, 8-5. FREE for all students! Come visit us in the THS Library. See below for dates on Saturday 11-1.



Online School: Summer school, after-school, online credit recovery, SPS online/ dual enrollment.



ASPIRE: Adults mentoring students around college, careers, scholarships, and internships. FREE for all students! Contact the College and Career Center.



Freshmen Learning Teams (FLT): Advisory and support class for ALL 9th graders. Skill building, life lessons, and academic support.



Sophomore Learning Teams (SLT): Advisory and support class for 10th graders. Skill building, life lessons, and academic support.



ParentVue and Student Vue: Download the FREE app to check grades, attendance, and assignments. Contact the Counseling Office.

EMOTIONAL, BEHAVIORAL, & SOCIAL



THS Counseling: Mental health support for ALL students by alpha.



CAHOOTS: FREE mental health drop-in support for ALL students. Tuesdays 10-12 in the Library Conference Room.



Intramurals: Monthly activities for ALL students. 4 Square, Badminton, Super Mario Kart, etc. Listen for announcements and look for posters!



Suicide Prevention: THS school-wide campaign. Awareness, support, advice, and school and community resources.



Attendance Support: Truancy officer, community resources, and bi-lingual services for ALL families.



R.E.A.L. Colts: Campus climate, school spirit, prizes, student recognition, and more! (Respect, Excellence, Advocacy, and Leadership.)



Clubs & Programs: GSA, Cabaret, Band and Orchestra, Theater, Robotics, Honor Society, and more! Check the THS curriculum guide.



Athletics: Football, Soccer, Volleyball, Cross Country, Basketball, Wrestling, Swimming, Baseball, Lacrosse, Golf, Softball, Tennis, and Track & Field.